

FREE INFORMATION SHEET

Most secondary schools will provide some sessions on most of the skills listed below, but they may not be aimed at young people with DLD and similar needs. You may need to supplement the information from the school and tailor it to your child's needs.

MANAGING MONEY

It's important to start early. The Money Advice Service has lots of tips for teaching children from 3 years upwards about money: [How to teach kids about money – MoneyHelper](#) and the Moneysense programme provides free financial education resources for 5 – 18 year olds [Make Money Make Sense - financial education resources.](#)

VIRTUAL (ONLINE) TRANSACTIONS

are likely to be particularly challenging for young people with DLD and related conditions, and it is likely that you will need to provide considerable support for some time. Some banks can make special arrangements if your adult child is at high risk of being exploited or incurring debts they cannot afford.

WILLS

It is advisable to talk to a specialist solicitor regarding your Will. There are various ways to safeguard substantial bequests to adults who might struggle to manage them.

GETTING OUT AND ABOUT

It is important to start early, as most children need to be able to make their



own way to secondary school. Begin by getting to know your local area and when your child is ready, encourage them to go out on their own or with a friend or older sibling. First solo trips might be to the local shop or to the home of a friend or relative. Gradually extend the area your child can cope with and start introducing public transport if appropriate. Eventually, start teaching them how to use online maps, ask for directions and what to do if things go wrong (e.g. a train is cancelled).

TRANSPORT FOR LONDON

Transport for London has lots of resources to help children and young people go out and about safely, many of which would be applicable anywhere: [Educational Resources Transport for London](#)

YOUNG PERSON'S IDENTITY CARD

Afasic's Young Person's Identity Card Education and schools – Afasic can help young people explain their difficulties with language and ask for help.

LEARN TO DRIVE

Many young people with DLD will want, or need, to learn to drive. If need be, they can ask for adjustments to be made to the theory Theory test: cars: If you have a reading difficulty, disability or health condition - GOV.UK (www.gov.uk)

and/or practical tests: Driving test: cars: If you have a disability, health condition or learning difficulty - GOV.UK (www.gov.uk)

FRIENDS AND RELATIONSHIPS

Some children with DLD might benefit from tailored social skills courses, delivered by a trained professional. There are, however, lots of materials online that parents can use with your child. For example, Teacher Planet has a whole section on Friendship Friendship Lessons, Worksheets and Activities (teacherplanet.com). Childline's information on Friendship, Relationships and Sex might suit slightly older children Friends, relationships and sex | Childline

HEALTH

Maintaining good health is important throughout life. Childline has a section entitled You and Your Body, which provides a good introduction for older children and teenagers: You and your body | Childline.

Easy Health is an organisation that helps people with language and learning difficulties look after their bodies and communicate effectively with medical professionals. It has lots of leaflets with information about health conditions and issues in easy to read language. Easy Health The NHS has an accessible information and communication policy nhse-access-info-comms-policy.pdf (england.nhs.uk). If your communication difficulties are not obvious, you will need to make NHS staff aware that you need support.

PERSONAL AND ONLINE SAFETY

This is a significant issue for older children, teenagers and young adults. There is lots of helpful advice online. Childline has lots of helpful advice: Bullying, abuse, safety and the law | Childline. The Mix, a website offering free, confidential support to young people under 25, has a lot of information on personal safety: Personal Safety - The Mix The UK Safer Internet Centre has lots of resources for older children and teenagers: Resources for 11-19s | Safer Internet Centre

To contact Afasic please use one of the following:

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